



## EMPLOYEE WELLNESS IS CRITICAL TO PRODUCTIVITY AT WORK



*The Minister for Public Works & Transport Ps. Lindiwe Dlamini, flanked by The Ministry's Principal Secretary Mr. Makhosini Mndawe and the Under Secretary at the Ministry Ms. Naniki Mnisi in full swing, undergoing various exercises during the Ministry's Wellness Sports Day*

The Minister of Public Works & Transport, Ps. Lindiwe Dlamini addressed employees during the Ministry's Wellness Sports Day, held at Manzini Club, on Friday the 18<sup>th</sup> March 2016. The Minister while addressing the throngs of workers from the depots and various sections of the Ministry highlighted that employee wellness is critical for productivity at the workplace. Dlamini further appreciated that the staff for taking time off from their daily duties to be part of the occasion.

Dlamini highlighted that it is evident that the employees are physically fit, taking into account their response to some exercises from the instructor. The US in the Ministry Ms. Naniki Mnisi, commended the Minister, and she highlighted that implementing health programs inside the workplace has become a vital piece of a healthy lifestyle. The Ministry has wellness programs that are on the pipeline that will enhance employee effectiveness in the workplace and contribute to a decrease in health-related expenses for government and personnel as well.



The Ministry partnered with Total River View Garage, Swaziland Burial Benefit Society (KALANCO), Standard Bank, Mbabane Motors, Letshego Financial Services, Public Service Pension Fund (PSPF), Dups Group, Swaziland Royal Insurance Corporation (SRIC), San Projects among other insurance brokers who were there to sell their products and services to the masses.



*The Ministry of Public Works & Transport's Principal Secretary Mr. Makhosini Mndawe, with the Ministry's Pick team, celebrating after winning the Wellness Challenge Cup beating Manzini Transport Operators 1-0 to lift the inaugural trophy on Friday 18<sup>th</sup> March 2016 at Manzini Club.*